



ROCKY MOUNTAIN
FAMILY COUNCIL

Fact Sheet

provided by



iMoneyTips™ Fact Sheet: Tips for Good Financial Health in Your Relationships

- Remember money really is the smallest part of your overall financial health – balancing your relationships, and other key areas in your life, is most important!
- Be respectful and discuss all financial decisions with your partner.
- Don't buy what you can't afford... Really, don't buy what you can't afford. It is that simple!
- Don't use money to artificially support a weak area in your life. Instead, identify the weak area (for example, throwing money at things because you are drifting apart from your spouse) and work on it (i.e., put time and energy into rebuilding your relationship).
- Determine the big dreams and goals for your lives then pattern your spending and savings to continually reflect these ultimate priorities.
- Be in control – be a master not a servant to the financial forces in your life.
- Track your expenses and develop a realistic spending plan. Then, cut back where you can and create a savings plan.
- Follow a plan to eliminate debt. Once the debt is paid off, put that money into your savings.
- Changing your finances requires changing your habits, your attitudes and your priorities. It can be done.
- Remember, financial problems are never financial at their core. Heal the problem areas to heal your finances.

- Money is an exchange for all the energy you expend at work, spend it wisely.
- Be open and honest about your financial condition.
- Be realistic and take complete responsibility for your finances and your life!
- Put money toward what you value most.